



## Österreichischer Curling Verband

Vordergrub 4  
6370 Kitzbühel



## Kitzbühel Curling Club

Sportfeld 1  
6370 Kitzbühel

# COVID-19-PREVENTION CONCEPT for non-public sports clubs - 15. September 2021

Sport and exercise are important for well-being and health. Regular exercise strengthens the immune system and thus reduces the risk of getting a (viral) infection. That is why it is also important to motivate all people to exercise during the COVID-19 pandemic.

Since sporting activities involve social contacts which also have a positive impact on health, measures should be taken to minimise the risk of infection during sporting activities.

Concerning: Training sessions of the members of Kitzbühel Curling Club, as well as guests of Kitzbühel Curling Club

Participants of international and national tournaments

Date: Saison 2021/22

Location: Kitzbühel Curling Club, Sportfeld 1, 6370 Kitzbühel

Competent authority

Bezirkshauptmannschaft Kitzbühel  
Josef-Herold-Straße 10, 6370 Kitzbühel  
Telefon: 05356/62131-0, Fax: 05356/62131-746305  
[bh.kb.corona@tirol.gv.at](mailto:bh.kb.corona@tirol.gv.at)

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Contact Persons

Responsible staff of Bezirkshauptmannschaft Kitzbühel

Opening Hours

Montag: 8:00 - 16:30, Dienstag - Donnerstag: 8:00 - 12:00, 13:00 - 16:30, Freitag: 8:00 - 12:00

### COVID-19-Beauftragte/r:

Nina Hofer, Römerweg 55a, 6370 Kitzbühel

Vor- und Nachname, Anschrift

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Unterschrift

Jonas Backofen, Niederfilzen 26, 6391 Fieberbrunn

Vor- und Nachname, Anschrift

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Unterschrift



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### **PREAMBLE**

This COVID-19 prevention concept was prepared according to the requirements of the Austrian regulations. The COVID-19 pandemic determines our lives and actions in a way that has never been seen before. The sport of curling is no exception.

In addition to maintaining health and complying with government regulations, the aim is to ensure a structured training and (inter) national competition operation.

### **EXPLANATIONS**

#### **Transmission**

#### **routes**

COVID-19 is mainly transmitted through droplet infection. Corresponding transmission routes are mainly coughing and sneezing. Infection via smear infections is also conceivable.

#### **Suspected**

#### **case**

Anyone who meets the clinical criteria. In the case of appropriate diagnostic findings (e.g. laboratory parameters and / or radiological findings) and / or information on epidemiological infections (e.g. previous contact with a SARS-CoV-2 case, regional virus activity in the areas in which the person concerned has been in the past 14 days), which in combination with the clinical symptoms lead to an urgent medical suspicion of the presence of COVID-19, cases that have clinical criteria and symptoms other than those mentioned (e.g. vomiting, diarrhea) should also be classified as suspected cases.

#### **Confirmed**

#### **case**

Any person with direct laboratory diagnostic evidence of SARS-CoV-2, regardless of the symptoms.

#### **Course of disease**

##### Asymptomatic course

There are currently no valid data, as mainly people with symptoms are tested. The degree of manifestation is still not known with certainty. A manifestation index of 51% -81% is currently assumed. However, this can possibly also be lower.

##### Complicated course

The exact proportion of hospitalised patients cannot be validly quantified due to the unclear number of unreported cases. There are different statements regarding this. The proportion of patients treated in intensive care units is currently estimated at 6% to 24% of those infected and is also heavily



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dependent on the affected age structure of the population. Of this, in turn, around 20% require ventilation.

### People Management

Generally speaking, according to the ordinance from 1st of July 2021 no minimum distance to other people has to be observed. In addition, in all places where the 3G-rule applies, no mask is required.

### TRAINING AND TOURNAMENTS – 3G-regulation

Before starting the training and competition operation, all participants must provide proof of a low epidemiological risk within the meaning of the current regulation (3G-regulation). This must be kept available for the respective period of validity.

A proof in the form of an **antigen self-test** recorded by the authorities by means of a QR-code shall not be older than 24 hours.

An antigen test (authorised) must not be older than **24 hours**.

Evidence in the form of a **molecular biological test - PCR** - (authorised) shall not be older than **72 h**.

Similarly, evidence may be obtained by means of a **Medical Certificate of a proven SARS-CoV-2 infection** in the previous 180 days or by means of neutralizing antibodies (not older than 90 days).

In the case of **proof of vaccination with a centrally approved vaccine** (in Austria), the following rules shall apply:

- After second vaccination, from day of second vaccination on (valid for **360 days**)
- Vaccination with vaccines for which only one vaccination (Johnson&Johnson) is provided, from day 22 (valid for 270 days)
- Vaccination if a positive molecular biological test for SARS-CoV-2 or neutralising antibodies was available at least 21 days prior to vaccination (valid for 270 days)

The controller is authorized to establish name, date of birth, validity/validity period of proof and bar/QR code, as well as to carry out an identification. However, **this data may not be duplicated or stored under any circumstances**.

However, the association is obliged to record the first name, surname, telephone number and, if available, e-mail address and documentation of the stay (date, time) of persons who have been at the venue in question for more than 15 minutes.



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The data is collected exclusively for the purpose of contact tracking to prevent the (re-) dissemination of COVID-19 in the event of a suspected case of COVID-19 on the legal basis of Art. 6 para. 1 lit. d and c GDPR (processing of personal data for the protection of vital interests of the data subject or another natural person or for the fulfilment of a legal obligation). The sports facility operator or organiser shall provide the data to the district administration authority upon request. The data will be deleted immediately after the expiration of 28 days from the date of its collection. The provision of the data is necessary for the performance of the service in question.

### **HYGIENE TRAINING**

All athletes, supervisors, coaches and other employees must be demonstrably informed about the contents of the prevention concept of the association. Particular attention should be paid to the following points:

- Hygiene (correct hand washing, correct coughing and sneezing, correct hand disinfection)
- Personal health check (at home), i.e. only participating in training sessions or tournaments if healthy
- Conduct in case of symptoms and positive PCR-test

Any participation in training and matches is at your own risk. The current regulations and guidelines of the federal government regarding COVID-19 are always observed. This also applies to this COVID-19 prevention concept. Of course, the health and safety of all people in the association and in the sports facility continue to have top priority.

### **RULE OF CONDUCT FOR ATHLETES, COACHES AND OTHERS IN TRAINING AND COMPETITIONS**

- Hands must be washed when entering and leaving the sports facility. If this is not possible, the disinfectants made available in the sports facility can be used for hand hygiene when entering and leaving.
- Do not hug or shake hands in greeting.
- Use or stay in changing rooms and sanitary facilities should be handled with care.
- Regular hand washing or hand disinfection before and after every training or game.
- Sneeze or cough only into the crook of your arm and not into your hands.



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- Personal items should be marked and under no circumstances shared (e.g. drinking bottles, brooms, etc.).
- Changing room access for authorized persons only.
- Doors should be kept open if possible so that door handles do not have to be used.
- Ensure that the sports facility and the changing rooms are adequately ventilated.
- The current specifications of the KCC must always be observed.
  
- The following additional rules apply to games:
  - No shaking hands before and after the game.
  - Each player should only touch his own stones. These are to be disinfected by the ice master after the game.

### **SPECIFICATIONS FOR TRAINING AND COMPETITION INFRASTRUCTURE**

- Sufficient disinfectants for surface and hand disinfection are provided at the entrance and in the training area of the sports facility. If there is a washing facility in the sports facility, correct hand washing can replace disinfection.
- Staying in closed rooms must be reduced to a minimum, and adequate ventilation must be ensured. Doors should be left open wherever possible so that door handles do not have to be used.
- An attendance list must be kept for training units and competitions in order to be able to act quickly in case of illness. According to the recommendation of the BMSGPK, lists of participants should be kept up to 28 days after the event in order to accelerate the official surveys in case of an infection and thus make a significant contribution to reducing the risk of spread.

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### **HYGIENE AND CLEANING PLAN FOR INFRASTRUCTURE AND MATERIAL**

- Objects and contact surfaces (door handles, etc.) where contact with the hands cannot be avoided should be disinfected at least once a day.
- Sanitary facilities and washrooms should be disinfected daily.
- A thorough cleaning of the common and changing rooms should be done at least once a week.
- Provide hand disinfection (keep out of the reach of children). However, never wash your hands and disinfect them at the same time! Hand washing is preferable. Appropriate disinfectants should only be used if hand washing is not possible.
- Ventilation systems should be sufficiently in operation.



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- If devices are used by different people, they must be disinfected after each use.

## WHAT TO DO IN CASE OF COVID-19 SYMPTOMS

If symptoms occur, the following steps should be taken:

### Person with symptoms (= suspected case)

- Telephone information to the person responsible (COVID-19 representative) and coordination of the further procedure
- Immediate self-isolation in the sense of domestic isolation to reduce contact with other people, i.e. in particular, do not leave the apartment until approval by the responsible authority (negative PCR test).
- Immediately inform the responsible authority (Tel. 1450).
- If isolated contact persons show symptoms and a PCR test carried out is negative, the quarantine remains as a contact person for up to 10 days after the last contact.
- In the event of a positive test, the corresponding steps must be carried out (see "Procedure for confirmed cases")

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## PROCEDURE FOR CONFIRMED CASES

In the case of positive PCR test results, one speaks of a confirmed case and the following steps must be followed:

### Person with positive test

- Telephone information to the person responsible and coordination of the further procedure (in particular with regard to the mandatory information to the responsible health authority).
- Immediate self-isolation in the sense of domestic isolation to reduce contact with other people, this means:
  - No leaving the apartment
  - Strict adherence to hand, cough and sneeze hygiene.
  - If acute medical care is necessary (other than COVID-19 disease), the responsible doctor or the ambulance (144) must be informed by telephone about the epidemiological infection status ("COVID-19 positive") in order to clarify how to proceed. In the case of an ambulance transport to a hospital, the responsible district administrative authority must be informed.



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- If you seek medical care in a hospital due to a significant worsening of symptoms, you must also make an appointment there and the district administrative authority must be informed of the change of location.
- The person can no longer participate in gaming operations.
- The instructions of the health authority must be followed.
- Continuation of the health diary (daily documentation: state of mind, symptoms of illness, body temperature measurement twice a day).
- In case of illness, physical exertion should be avoided.

### Contact persons

- Immediate self-isolation in the sense of domestic isolation to reduce contact with other people, that means:
  - No leaving the apartment.
  - Strict adherence to hand, cough and sneeze hygiene.
  - If acute medical care (other than COVID-19 disease) is necessary, the responsible doctor or the ambulance (144) must be informed by telephone about the epidemiological status of the infection ("officially declared COVID-19 contact person") in order to clarify the further course of action. In the case of an ambulance transport to a hospital, the responsible district administrative authority must be informed.
  - If you seek medical care in a hospital due to a significant worsening of symptoms, you must also make an appointment there and the district administrative authority must be informed of the change of location.
  - The instructions of the health authority must be followed.
  - In case that symptoms occur, the procedure for suspected cases should be used.
  - End of domestic isolation according to official notification if no symptoms have occurred.

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### Kitzbühel Curling Club

- Contact tracking support

## RETURN TO SPORTS AFTER COVID-19 INFECTION

Return no earlier than 10 days after the onset of symptoms, whereby there must be no symptoms for at least 48 hours related to the COVID-19 disease (after consulting the treating doctor).

Furthermore: Presentation of a negative PCR test or antigen test (authorized)